



Creating *Margin*

Richie Christie

NOTES & QUOTES

“HURRY IS THE GREAT
ENEMY OF SPIRITUAL LIFE
IN OUR DAY.”
JOHN MARK COMER

“ARE YOU TIRED? WORN OUT? BURNED OUT ON RELIGION? COME TO ME. GET AWAY WITH ME AND YOU’LL RECOVER YOUR LIFE. I’LL SHOW YOU HOW TO TAKE A REAL REST. WALK WITH ME AND WORK WITH ME—WATCH HOW I DO IT. LEARN THE UNFORCED RHYTHMS OF GRACE. I WON’T LAY ANYTHING HEAVY OR ILL-FITTING ON YOU. KEEP COMPANY WITH ME AND YOU’LL LEARN TO LIVE FREELY AND LIGHTLY.” MATTHEW 11:28-20



NOTES
& QUOTES

“IF THE DEVIL CAN’T MAKE YOU SIN, HE WILL MAKE YOU BUSY. BOTH SIN AND BUSYNESS HAVE THE EXACT SAME EFFECT, THEY CUT OFF YOUR CONNECTION TO GOD, TO OTHER PEOPLE & EVEN TO YOUR OWN SOUL.”
JOHN MARK COMER

“YOU ARE THE DWELLING PLACE OF GOD. GOD IS NOT OUT THERE, HE IS IN YOU. ALL OF US ARE A TABERNACLE OF GOD. NO DEGREES, ALL EQUAL. EACH OF US HAVE BEEN GIVEN THE GIFT. THE ONLY DIFFERENCE IS THE DEGREE OF CONSCIOUS REVELATION OF THIS REALITY THAT EACH OF US CHOSE TO WALK IN.” - RICHARD ROHR



PART
01.

HOW AM I SPENDING MY TIME?

Go through your week and just take note of where your time goes.

Don't overthink it, just be honest.

This is not about guilt and shame, but moving towards margin and clarity. .

Day	MORNING	DAYTIME	NIGHTTIME
MONDAY			
TUESDAY			
WEDNESDAY			
THURSDAY			
FRIDAY			
SATURDAY			
SUNDAY			



PART

01.

REFLECTION: HOW AM I SPENDING MY TIME?

What stands out to you? Where is most of your time going? What feels full, but not life-giving?

Where are you most or commonly aware of God in your everyday life? Where do you lose that awareness?

What could you let go of? (activities, commitments, habits, obligations)

What can't you let go of right now? (work, kids, responsibilities)

Think of your "ordinary" times. (*Driving, waiting, practices, evenings after kids go down, chores, scrolling when bored.*)

How are you currently using these?

Where is time being lost? (*Scrolling, TV, not being present etc.*)



PART
02.

MAKING SPACE FOR THE SACRED

What would you want your week to look like, if you were truly intentional with your time?
You don't find the sacred by adding more, you find it by making space for what is already there.

Day	MORNING	DAYTIME	NIGHTTIME
MONDAY			
TUESDAY			
WEDNESDAY			
THURSDAY			
FRIDAY			
SATURDAY			
SUNDAY			



PART

02. REFLECTION: MAKING SPACE FOR THE SACRED

Daily/Weekly Rhythms

Think about your normal rhythm of life. How can you intentionally create space to both CONNECT with God & DISCONNECT from the noise of the world?

Daily or weekly rhythms I want to make space for:

Any digital habits I need to start or stop?

Monthly Rhythms

In the next month, how can you carve out a larger chunk of time or times to truly unplug and plug into God? When will you do it?

Finding the Sacred in the Ordinary: The In-between Moments

Think about your everyday ordinary moments – driving, sitting at practices, waiting, or times you tend to just get on your phone.

How can you be more intentional with that time?

Steps I will take:

What is ONE change I will make this week?

What is ONE thing I will remove or reduce?

What is ONE rhythm I will start?