



“Pre-Lab: Hearing God” | Kim Wheeler

Listening Prayer:

Steps to Listening Prayer:

***Quiet _____ .**

***Focus on _____ .**

*** _____ a question and _____ .**

*** _____ what you sense.**

Filters:

Does this align with _____ ?

Does it produce _____ ?

Does it sound like the _____ of God?

Have I talked about it with my _____ ?

False Identity:

False identities come from:

***yourself**

***others**

***life experiences**

We aren't helpless. We have a _____ .

What are your false beliefs about yourself?

Where did they come from? (self, others, life experiences)

How do they affect your life?

Make a list of your false beliefs.

False Identity/False Self

True Identity/True Self

Fearful

Competitive

Comparison

Shut down

Easily Offended

Aggressive

Seeks approval

Non-social

Loves drama

Identity Prayer:

Identity is not:

- *Your ethnicity**
- *Your religion**
- *Your gender or sexual preference**
- *Your job or role**
- *The sum of your mistakes**
- *The total of your successes**
- *Someone else's sin against you**

Identity is:

- *The blueprint in the heart of God when you were created**
- *A gift from God**
- *Your gift to the world**
- *To be discovered over the course of your lifetime**
- *To be lived out in community**

True Identity:

What if it seems overwhelming? (like Gideon when he first heard)

What if it sounds too good to be true?

Where in my life has this been true before?

How is it a gift to the world?